# **LFSport**

The perfect tool for sport testing – finally breath by breath visually combined with lactate and training calendar!



### Your start in personal performance testing!

Are you interested in using the knowledge gained from the ergospirometry also for prevention and sport?

This form of exercise testing offers interesting possibilities to a wide range of professionals including physicians, sport scientists and fitness clubs who wish to improve there service with evidence based medicine and also financial benefits.

The combination of breath by breath and lactate performance testing allowing a complete health program to be devolved supporting people who wish to stay healthy and well, or certain health problems such as over weight, diabetes and other civilisations illness to be over come.

The GANSHORN equipment helps to give an accurate result over the personal performance with results being produced of which are also understandable for everyone. Training advice is also automatically produced based on the results and requirements of the candidate.

### LFSport – the ideal supplement for ergospirometry with the GANSHORN-PowerCube-Ergo!

- Results automatically imported from the PowerCube-software LF8.
- Easy and intuitive use.
- Own choice graphs to determine anaerobic threshold and respiratory compensation point.
- Direct comparison of lactate and gas thresholds.
- Display of the aerobic-anaerobic transition area, individual aerobic threshold, individual anaerobic threshold.

# GANSHORN MEDIZIN ELECTRONIC



With a press of a button clear information for all – on the screen or on the printout – easily to understand also for amateurs interested in sports.

- Integrated training diaries.
- Training advice based on test results giving heart rates and work loads simply with a mouse click.
- Calendar with an editor for the development of own training programs for all purposes.
- Because a picture says more than words: graphic comparison to predicted values for personal and measured data allowing the estimation of the individual performance.

#### **Evaluation Software LFSport**

554 030 Evaluation software LFSport for ergospirometric tests and lactatediagnostics and for the edition of individual training schedules.

System requirements: GANSHORN PowerCube-Ergo with Software LF8.5E or higher. Basic version in german, english and french language available. Other languages on request.

## GANSHORN operates with a certified quality assurance system in accordance with EN ISO 9001/12.2000 / EN ISO 13485/11.2000

Illustrations shown do not necessarily correspond with the basic equipment. Subject to technical modifications and improvements, as well as to the availability of the devices and options mentioned. 10/06

### COMMAND

- □ Please send me an offer for LFSport.
- Please send me more information about ergospirometry with PowerCube-Ergo.

town, date, signature

Please send by mail or fax to your GANSHORN-Partner or directly to:



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